

GOT MULTIPLES?

Letter from the President

by Katie McGuffin

Hello Ladies,

Well its hard to believe that 2007 has come to an end. This year has been a great year! We successfully pulled off the NCMOM convention in November without to many snags thanks to everyone's help. We gained some new members while some of our old members have left due to the growing demands of children's activities and school work. Those members will be missed but we are looking forward to gaining new members and friendships.

I think as a club, our New

Years resolution should be to work on improving our club. We have had many suggestions of ways to gain new members and keep the members we have. We have some members that like to have more play dates that pertain to the older multiples as well as the younger ones. We have members that would like to have more social events like moms nights outs. In talking with some of our new members they had suggested a Big Sis/ Little Sis program to have someone that can help them adjust to

the crazy life of multiples.

So in 2008 let's try to improve our club and take a look at all the suggestions and make our club that much better.

I hope everyone had a great Christmas and a happy new year and I'll see everyone in 2008!!!

Katie McGuffin

January Meeting

This month's meeting will be at the Macaroni Grill (in the B&N section of Friendly Center) in Greensboro on January 7th at 7pm.

Come out and enjoy a great Italian dinner without having to cut anyone's spaghetti, clean up messes before you leave, or entertain before your meal arrives. The holiday season has wound to an end and it is time to share your holiday stories with the rest of the GMOM.

Please RSVP to Sheila Carden, BY PHONE—634-1025— (Sheila's email is not working) or Lisa Sunshine (by email)if you'll be able to attend. Please RSVP by Sunday so we won't have to wait for a table. See you there!

Newsletter Information

by Lisa Sunshine

- As always, if you have suggestions or ideas you'd like to see in the newsletter, please let me know.

Do you have a birthday coming up next month? Send in a picture! We love to see your kids grow. All pictures should be jpg format and sent by the 25th of the month.

Celebrations

Kid Birthdays

Campbell Ferguson	1/9
Zachary Tippett	1/29

Mom Birthdays

Tricia Brassell	1/14
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Treasurer's Report

BEGINNING BALANCE	6955.23
DEPOSITS	4468.00
PAID OUT	8801.08
ENDING BALANCE	2622.15

GMOM requested a check of 443.78 to cover expenses of the convention. Total convention costs was \$8000.00

Member Information

by Jamie Tracey

No new members joined GMOM this month. Be sure to invite any friends, neighbors, acquaintances with multiples to our meetings. Spread the word about GMOM to others that you meet!

January Playdate

The January playdate is being hosted by Jamie Tracy and Katie McGuffin.

Where: Jamie Tracy's home

When: January 21st from 10-12pm

Please RSVP to either Jamie or Katie if you will be attending, or if you would like more information or directions.

Happy New Year!

Mother's Moment—New Year Resolution

By Katie Barko Stem

The New Year has come and what do I think of? You got it, those New Year's Resolutions! Some of us think of them as a grand opportunity. Others of us think of them with dread knowing we won't ever be able to keep them even with the best of intentions. My question to you is this: do we set realistic goals? Do we set tangible attainments? To many years I have offered up the best of resolutions, "I am going to be more patient." "I am going to invest more in relationships." "I am going to get into better shape." ... January, you'd better watch out because I am making changes... February comes around and it's a little more difficult and by March, forget it...I tried, succeeded a little and I'll try again later...in fact, maybe next year.

So, what is the problem? Vague goals and general desires. I encourage each of us this year to set realistic, attainable goals. Instead of throwing out, "I'm going to get in better shape this year!" ask yourself how? That is a real goal. Now, don't set yourself up for failure either. Devoting yourself to run everyday when you've never even worked out before is not the best idea. Instead, commit to walking twice a week, then you'll find it will be three and before you know it, you're there! **You've kept a resolution that will become a lifestyle.** Are your children trying your patience? Instead of just resolving to "have more patience" ask yourself what are a few things you know they do daily that really try your patience. Then try and work on having patience with those

specific behaviors. Try and see each occurrence as an opportunity to improve. Do you want to invest more in the relationships in your life? Try making a list of those people whom you want to invest in. Then set a realistic goal of contacting them or reaching out to them. Instead of "call Sarah more often" try "call Sarah once a week, on Sunday afternoons when I have a little more time to chat".

The purpose of a resolution is to improve our lives, not chain us to impossible aspirations that leave us feeling like we can't measure up. Set realistic ambitions and you'll get there in 2008! HAPPY NEW YEAR!

Strollers for Sale

*Graco Duo Glider (Double Stroller):

- Blue/plaid in color
- Tandem style w/ the seats one in front of the other (not side by side). This makes it easier to get in and out of doorways, etc...
- Has all the pieces (canopies, footrests, storage, trays, etc)
- In great condition!

Sells for \$199.95 currently. Will sell it for \$80.00 or best offer.

*BabyTrend (Triple Stroller):

- Blue/plaid in color
- Tandem seating
- Has all the pieces (canopies, trays, etc...)

-In great condition!

Sells for \$269.99 currently. Will sell for \$100.00 or best offer.

*Single Jogging Stroller Dreamer Design:

- Blue in color
- In great condition!

Sells for \$199.00 currently. Will sell for \$75.00 or best offer.

I would be happy to bring these to anyone who is interested in seeing them or if anyone wanted to come by my house to see them (We live near Friendly Shopping Center). Anyone interested may e-mail or call me.

Kelli Kupiac kellik@triad.rr.com (H) 273-8535

Got Multiples?

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likesun@sunshinecentral.org

www.gmom.org

Greensboro Mothers of Multiples

Officer Contact Information

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Please contact any officers if you have any concerns or questions about GMOM.